



Lesson Plan: “Keeping Teeth Healthy and Clean”

Grade Level: 3-4

Curriculum Design: Cooperative Learning/ pairs

Search topics/Keywords: teeth/ healthy teeth/ toothpaste and kids/dental hygiene

Outcome:

Students will be able to answer the following questions: (Choose 5 out of the 10 questions to answer).

- Why is it important to brush your teeth?
- How often should you brush your teeth?
- What is the correct way of brushing your teeth?
- Why flossing is important?
- How do you get cavities?
- Why regular dental checkups are important?
- How does fluoride work?
- Name the 4 different kinds of teeth and what do they do.
- What foods should you eat to keep your teeth healthy and clean?
- What are the five steps to a healthy smile?

Content: To gather information on this topic, you can visit these websites:

<http://www.healthyteeth.org/>

<http://www.adha.org/kidstuff/>

<http://www.healthyteeth.org/prevention/5steps.html>

<http://www.healthyteeth.org/toothGrowth/different.html>

http://kidshealth.org/kid/stay_healthy/body/teeth.html

<http://www.ada.org/public/games/index.html#animations>

For Pleasure: Songs and Games to play!

<http://www.crestkids.com>

<http://kids-world.colgate.com>

http://kids-world.colgate.com/g_brushchart.html A Brush Chart for you! Print out and hang it up somewhere at home.

Homework Assignment/Evaluation:

Write in short essay form: How you would teach your younger sibling/friend to keep their teeth healthy and clean?

